

# IDENTIFY YOUR DREAM AND VISION

PURE & AUTHENTIC



# MY THREE YEAR VISION

*"You can't get TO your dream – you must come FROM it." — Mary Morrissey*

The Vision that you are holding in your mind must always be clear, larger and more magnificent than the conditions or circumstances in which you presently find yourself. The Vision that you hold and impress upon your mind will determine what you are in harmony with... and whatever you are in harmony with, will be magnetized to you.

In writing your Vision, ask yourself first and foremost, "What would I LOVE?" Be specific. Describe the picture exactly as you desire it to be.



# MY THREE YEAR VISION

*"You can't get TO your dream – you must come FROM it." — Mary Morrissey*

Using the template below, describe the life you would absolutely LOVE living in the four key domains of your life. Place your vision under the umbrella of gratitude and state it in the present tense, as if you are already living that life. *I am so happy and grateful now that...*

And finally, always hold your vision with purpose in an open hand. By holding your vision with an open hand, you leave room for your Spirit to work. Surprise yourself with this, or something "even better."



# MY VISION

"I am so happy and grateful now that..."

## **My Health**

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# MY VISION

"I am so happy and grateful now that..."

## Relationships

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# MY VISION

"I am so happy and grateful now that..."

## Work/Creative Expression

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# MY VISION

"I am so happy and grateful now that..."

## **Time and Money Freedom**

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This or something even better.



**PAULA ROBBERN**  
**LIFE COACH**

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A vision is a portion of your purpose.  
Your purpose becomes a foundation  
that will guide you and help you make  
decisions to build the life you are  
seeking. Let's work together to find  
YOUR purpose!

*Build the Dream, Invite the Results...*